

SPOTLIGHT

Peter Di Salvo

Goalie Coach



I am Peter Di Salvo, the newest member of the Cape Fear Warriors coaching staff. I'm from Ontario, Canada and live in the Fayetteville area with my wife and child. As a retired professional goalie, I've played in five leagues over 11 years including the Ontario Hockey League (OHL) for five years, Australian Ice Hockey League (AIHL) as a goalie and assistant coach, East Coast Hockey League (ECHL), Southern Professional Hockey League (SPHL), and the Federal Prospects Hockey League (FPHL). I played with the Fayetteville Marksmen during their inaugural season and hold the record for most wins in the SPHL with 111. I bring over 17 years of goalie coaching experience including working with the head goalie coach of the NY Islanders, Piero Greco for 14 years. I have studied goaltending and the game of hockey my entire life and have seen how hockey has evolved throughout the years. My coaching philosophy is to teach goalies how to play smart and to play the position the proper way. If anyone has a question about goaltending, I will provide the answer.

Cape Fear Youth Hockey Association is thanks Peter for his volunteer service as he moves toward a full-time coaching career. We plan to host several goalie clinics throughout the spring and summer.

MESSAGE FROM THE PRESIDENT

Cape Fear Family,

Can you believe our first full month of hockey is complete! Cape Fear Youth Hockey Association (CFYHA) participated in on and off ice events throughout October and I am impressed by the improvement in player skills and team cohesion that developed in just a few practices. Games and scrimmages are happening on the weekends and would love to catch you at a game cheering for our Cape Fear Family of teams.

The first weekend of November brings the *National Try Hockey for Free* event happening on November 5 from 9am-11am. Cape Fear Youth Hockey Association is concurrently running a Try Ball Hockey for Free event at the outdoor rink. We could always use more volunteers and players to assist.








October is the first month of that CFYHA and the Carolina Amateur Hockey Association (CAHA) is recognizing Honor the Game Team & Association Player, Coach, Volunteer of the Month. I encourage everyone to submit a nomination to CAHA every month to recognize the outstanding coaches, volunteers, and players we have. Let's Go Warriors!

- Aaron Stubenvoll, CFYHA President, president@capefearhockey.com

October Game Results



**CAPE FEAR
WARRIORS
YOUTH HOCKEY**

10U Travel 2-0		12U Travel 1-0-1
October 30G1 8-2  October 30G2 9-2 	14U Travel 0-4 October 22 0-7  October 23 1-11 	October 30G1 3-3  October 30G2 10-4 
	October 29 3-7  October 30 1-8 	

Cape Fear Hockey is participating in the National "Try Hockey For Free" Day on November 5, 9-11 am!

Try Hockey For Free (THFF) provides a completely free event for families to experience hockey at no cost. This event is open to the public with no skating experience required. Cape Fear Hockey does have equipment to loan, but encourage participants to bring warm clothes, helmet, gloves, and a smile. THFF provides Cape Fear with a national platform and opportunity to acquire new players locally. The Try Hockey for Free Committee, led by Kelly O'Connell, are still looking for adult and player volunteers.

No better way to encourage your friends and neighbors to try the game of hockey than to join them on the ice!

Contact Kelly at secretary@capefearhockey.com

Register at <https://www.capefearhockey.com/try-hockey-for-free/>



Cape Fear Hockey is hosting a "Try Ball Hockey For Free" camp on November 5, 9-11 am.

Earlier this year, the NHL started an initiative that took the game "from the ice to the streets." The NHL was involved in street hockey in the 1990s and has returned their focus to the sport to create a fun, relevant way to get kids involved – breaking down barriers of affordability and accessibility that ice hockey presents to some.

Cape Fear has partnered with USA Ball Hockey to offer a reduced USA Ball Hockey annual registration and equipment/

Register at <https://go.teamsnap.com/forms/339893>

Several volunteers, parents, and players, helped out in spreading the word about Cape Fear Youth Hockey Association at Fall Festivals and the Dogwood Festival. A huge thanks to Candice Ward-Ferris, Morgan Garrison, and the Burgess family for all

the hours spent in coordinating for these incredibly successful events. Our volunteers were even able to convince the Fayetteville Woodpeckers mascot to join in on the hockey fun!



We want your practice, game, and event photos to highlight in the monthly newsletters!

Please send photos to president@capefearhockey.com



www.capefearhockey.com

Tell your friends!

There's still time to register for the 22-23 hockey season!

Learn to Play

8U Recreational	8U Developmental
10U Recreational	10U Travel
12U-14U Recreational	12U Travel
	14U Travel

Registration for recreational and developmental teams is available all season at a pro-rated amount.

Due to the transient nature of the community in which we reside, we allow for players new to the community to be evaluated for placement on a travel team.

For more details, contact registrar@capefearhockey.com

COMMITTEES & VOLUNTEERS

Please consider signing up for a committee or volunteer positions by emailing the chairperson

Audit Committee:	Chair: Open
Culture Keeper/ Honor the Game:	Chair: Bruce Mansur
Discipline/ Dispute Resolution:	Chair: Bruce Mansur
Diversity, Equality, Inclusivity:	Chair: John Koskinen
Equipment Management:	Chair: Maureen Woolshlager
Marketing & Fundraising:	Chair: Candice Ward-Ferris
Party (Holiday & End of Year):	Chair: DeShell Kalmes
Scholarship	Chair: Open
Try Hockey for Free:	Chair: Kelly O'Connell

For more information or ideas please reach out to secretary@capefearhockey.com

Official Rules and Casebook of ICE HOCKEY

Cape Fear Youth Hockey Association's goal is to provide a fun and competitive environment for players to learn and compete, as well as foster lifelong skills such as discipline, teamwork, and good sportsmanship and to abide by all USA Hockey rules and guidelines. CFYHA expects all coaches, parents, and players are to follow the USA Hockey rule book. CFYHA enforces discipline accordingly and some actions may result in match penalties, suspensions, removal from the facility, or being prohibited in participating in CFYHA functions.

Power Skating Training

Cape Fear Youth Hockey Association is considering creating a power skating sessions over the winter break.

Please fill out the survey to express your interest for your player during the last two weeks of December.

This session would be run by a professional power skating coach and cost is separate from Cape Fear season fees.

<https://www.surveymonkey.com/r/T2ZYJSH>



In January 2022, tragedy struck a Connecticut hockey team when a player died as a result of a neck laceration. Cape Fear Youth Hockey Association, in line with USA Hockey, strongly recommends the use of neck guards; CFYHA has several different brands and sizes of neck guards available for use in the equipment room. If you are interested in having your player try one out or to use for the remainder of the season, please contact your coach, team manager, or equipment management committee to sign one out.

St. Luke's High School Hockey team started a petition to mandate use of this important piece of equipment following the death of Teddy Balkind. The petition is located at <https://www.change.org/p/hockey-neck-guards-mandatory-to-play-hockey>

Understanding competitive events bring a level of stress and anxiety that can result in lapses in judgement and decision-making, it is important that coaches and parents help alleviate this to the best of our ability. The [Positive Coaching Alliance](#) provides exceptional resources to help develop coaches, parents, and players to create an atmosphere that supports growth and development through recognizing effort, providing specific feedback to enable learning, and accepting that mistakes are ok. Help CFYHA create an atmosphere free from vulgar language and inappropriate behavior and to support our players for effective performance on and off the ice. Please report any violations of conduct to an on-ice official, coach, or facility manager immediately.

USA Hockey Rules: <https://www.usahockey.com/rulesandresources>

Cape Fear Youth Hockey Association nominations for Honor the Game role model of the month is open. Please submit nominations to our Culture Keeper, [Bruce Mansur](#), by Nov 30. Cape Fear will recognize a player from each team as a role model of the month, as well as, a player from both the recreational and travel programs as the association's player of the month.

One coach and one volunteer will be selected as the association role model of the month.

These nominations recognize our players, coaches, and volunteers who demonstrate



“Honoring the Game”

and

“Respect for ROOTS”

Rules,
Opponents,
Officials,
Teammates, and
Self



OCTOBER AWARDS

Team Player of the Month

8U - Jorge Garcia
10U Rec - Chance Livingston
10U Travel - Jameson Shea
12/14U Rec - Russell Jules-Macquet
12U Travel - Maris Denby
14U Travel - Jason Parker

Association Player of the Month

Jameson Shea, 10U Travel

Association Coach of the Month

Andy Belflower, 14U Travel Head Coach

Association Volunteer of the Month

Morgan Garrison, 12U Travel Team Manager

Cape Fear Youth Hockey Association recognizes the above individuals as the representatives of the Cape Fear Warriors culture in respecting the game through teamwork and good sportsmanship.

Cape Fear Youth Hockey Association could not function without the hard word and effort from our coaches and volunteers

THANK YOU and CONGRATULATIONS!

The Carolina Amateur Hockey Association has a separate Honor The Game Awards program and is accepting nominations for Role Model coaches, players, volunteers, and officials. Anyone can nominate or self-nominate. Winners receive an award and recognition on social media. Winners are eligible for the Role Model of the Year Award that will be awarded in April 2023.

Submit your nomination at: <https://www.surveymonkey.com/r/2022-23CAHAhonorthegame>

The Positive Coaching Alliance honors outstanding coaches who bring about a positive, character-building youth sports environment. The Double-Goal Coach Award nominations are for coaches with 3+ years of experience and are due by Nov 30 at: <https://positivecoach.org/awards-programs/double-goal-coach-awards/>

E-mail ideas, questions, and concerns to: secretary@capefearhockey.com

Visit the Warriors Official Website: www.capefearhockey.com

Come out to Cleland Ice to cheer on our Cape Fear Warriors!

Saturday November 5

11:45a-1:15p 12U



Sunday November 6

9:30a-11:00a 10/12U Rec Scrimmage

11:00a-12:30p 12U



Saturday November 12

9:00a-10:00a 8U

Scrimmage

10:15a-11:45a 12U



1:15p-2:45p 14U



Sunday November 13

9:30a-11:00a 12U



11:00a-12:30a 10/12U Rec Scrimmage

12:30p-2:00p 14U



Saturday November 19

9:00a-10:00a 8U

Scrimmage

Sunday November 20

10:00a-2:00p 8U

Jamboree

Saturday December 3

9:00a-10:00a 8U

Scrimmage

1:15p-2:45p 10U



Sunday December 4

9:30a-11:00a 10U



Saturday December 10

9:00a-10:00a 8U

Scrimmage

10:15a-11:45a 14U



11:45a-1:15p 12U



1:15p-2:45p 10U



Sunday December 11

9:30a-11:00a 12U



11:00a-12:30p 10U



12:30p-2:00p 14U

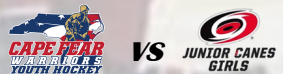


Saturday December 17

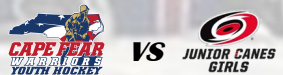
9:00a-10:00a 8U

Scrimmage

11:45a-1:15p 12U

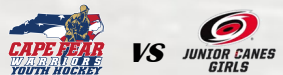


1:15p-2:45p 10U



Sunday December 18

9:30a-11:00a 12U



11:00a-12:30p 10U



If you are attending a Fayetteville Marksmen game, please use Cape Fear's charity ticket link, as the association receives a portion of the ticket sale.

Purchase your tickets at: www.marksmenhockey.com/ticketoffer Promotion Code: CFYHA

11.05	NICKELODEON NIGHT	6:00 p.m.
11.06	SALUTE TO SERVICE 1 ST	3:00 p.m.
11.18	PIRATES & PRINCESSES	7:15 p.m.
11.19	CAROLINA REAPERS NIGHT	6:00 p.m.
11.23	BLACKOUT WEDNESDAY	7:15 p.m.

12.02	ELVIS NIGHT	7:15 p.m.
12.03	SUPERVILLAIN NIGHT	6:00 p.m.
12.04	SALUTE TO SERVICE 1 ST	3:00 p.m.
12.27	MARGARITAVILLE NIGHT	7:15 p.m.
12.31	PEANUTS NIGHT	6:00 p.m.