

SPOTLIGHT

Aaron Stubenvoll

CFYHA President



I am honored to serve as the President for Cape Fear Youth Hockey Association. I am but a small part of the amazing volunteers that make CFYHA such an incredible organization.

I am a late bloomer in regards to hockey experience and it has become my most beloved sport; I really enjoy the unique dynamic of critical and creative thinking, trust, hard work, and communication that is needed to be successful as a team.

My goal is to grow youth hockey in the greater Fayetteville area; hockey has made an immensely positive impact on my family and I hope to lead CFYHA to provide a similar experience for you!

I am open to hearing your feedback and ideas on how to enhance and grow our program! Contact me at:

president@capefearhockey.com

All the Best,

Aaron

MESSAGE FROM THE PRESIDENT

Cape Fear Family,

I hope the offseason is treating you all well. CFYHA has been busy with our spring program under the direction of Coach Jason Burgess and Learn-to-Play under the direction of Coach Jasen Rintala, along with eight additional assistant coaches. I cannot express enough gratitude for the tireless efforts of our outstanding volunteers!

As the association shifts focus on the summer and fall programs, we are excited for our 10U travel team to defend their CHL title and look forward to expanding the travel teams for our older age groups. I appreciate all the parents and players who are committed to seeing Cape Fear hockey grow and thrive. Go Warriors!

TRAVEL TEAM TRYOUTS

Sun, May 22, 2022

10U: 7:45 am - 8:45 am

12U: 11:45 am - 12:45 pm

14U: 12:30 pm - 1:30 pm

Cape Fear Travel is hosting tryouts for 10U, 12U, and 14U age groups.

Cost is \$50, [register here!](#)

For any questions, please reach out to the travel hockey coordinator:

Jason Burgess at

travelhockeycoordinator@capefearhockey.com.

SUMMER CLINIC

Mon, July 18 - Fri, July 22

8:00 am - 3:00 pm

Cape Fear's 5 day clinic for 8U, 10U, and 12U/14U players includes 2 1/2 hours on ice, 1 hour dryland, and 1 hour classroom training daily.

The goal of the clinic builds and reinforces core competencies of skating, stick-handling, and shooting, while ensuring players grow their knowledge of hockey skills and strategy (hockeyIQ).

Cost is \$350, [register here!](#)

For any questions, please reach out to Coach Jason Burgess at

travelhockeycoordinator@capefearhockey.com.

PROJECT HOCKEY ASSOCIATION



#DOTHEWORK

The Cape Fear Youth Hockey Association is excited to announce a partnership with Project Hockey.

Project Hockey is an app-based platform that provides off ice player and goalie training to develop mental toughness, skills, and hockey IQ through daily videos, challenges, and drills. It serves as a safe social media community to add friends, engagement, and encouragement. The app tracks completion of challenges, drills, and development. Members receive rewards when achieving certain accomplishments; [click here](#) for a brief overview of the app.

CFYHA members receive an extended free-trial, please reach out to the team managers for the link

Additional Ice Time!

Public Skate: \$5 for Cape Fear Players!

Mon/Wed/Fri = 11:30 am–1:30 pm; Tues = 3:00–5:00 pm
Fri = 7:30–10:00 pm; Sun = 2:30–5:00 pm
Sat = 3:00–5:30 pm and 6:30–9:00 pm

Skate & Shoot: \$12 per session

Wed (under 18) = 9:00–11:00 am
Sat (5–12 years) = 1:00–2:30 pm
Sun (13–17 years) = 12:00–2:00 pm

E-mail ideas, questions, and concerns to: secretary@capefearhockey.com

Visit the Warriors Official Website: www.capefearhockey.com



NEWS FROM THE

CAROLINA
AMATEUR HOCKEY ASSOCIATION

The “Honor The Game” Committee, comprised of CAHA Board members and representatives from CAHA affiliated associations selected Coach Bruce Mansur as the 10U Coach “Role Model of the Year” for modeling the *ROOTS* behaviors that honors our game: Respect for Rules, Opponents, Officials, Teamwork, and Self.

During the 21-22 fall season, Coach Bruce served as head coach for the 10U and 12U/14U house teams. Coach Bruce was elected as the Association Vice President in March. Please join in congratulating Coach Bruce; feel free to send him a message over email at vicepresident@capefearhockey.com



Congratulations to our season-long partner, the [Fayetteville Marksmen](#), for achieving a franchise record of 40 wins and 82 points in the regular season; they finished in fourth place in the regular season and advanced to the President’s Cup playoffs.

The Marksmen hosted five Cape Fear *Warriors-on-Ice* events during the season and have a closer partnership developing for the 2022-2023 season!



CALL FOR HIGH QUALITY ACTION PHOTOS!

We’d love to feature your photos on the Warriors website! Please send photos to Candice Ward-Ferris, our marketing advisor, at marketing@capefearhockey.com

UPCOMING

05/01		2022-2023 USA Hockey Player/ Coach, Referee, & Volunteer registration open
05/11	7:30 pm - 8:30 pm	Board of Directors Meeting
05/21	12:00 pm - 12:00 pm	Travel Team Try-outs