

**COACH SPOTLIGHT****Jason Burgess**

8U Developmental and  
10U Travel Assistant Coach



Jason started playing hockey at the age of four in Auburn, Maine. He quickly grew to love the sport. He continued playing through high school and Junior A. After high school, he joined the USMC and moved to Southern California. He played one season with the North County Checkers in MWWHL before moving to Fort Bragg. Jason says, "the feeling I get from coaching the kids at Cape Fear is unlike any other. It is far above that of any playing experience in my life. Watching the kids grow and learn the game and then translate it to success is the most gratifying experience I've felt. Helping kids reach their goals is an absolute pleasure and I'm lucky I get to do it at Cape Fear."

**MESSAGE FROM THE PRESIDENT**

Greetings Cape Fear Family,

As we "March" into the final few weeks of the Warrior season, I am humbled to see the growth our association has made. Cape Fear Youth Hockey has established a positive relationship with our local professional hockey team, the Fayetteville Marksmen, gaining new fans, reaching more of our community, and fostering mentored interactions with the experienced players. Not only did our warriors have a blast attending games, they had a taste of playing in the big league and meeting experienced players! Our communication was revamped with a monthly newsletter, highlighting important events and getting to know the coaches that trained and taught our players.

CFYHA is run on volunteers who dedicate countless hours every season to keep things running smoothly. From all the coaches, team managers, and parent helpers setting up the boards or cleaning locker rooms, to the behind the scenes scheduling, marketing, budgeting, and administrative tasks, our association would not exist without you! It has been a pleasure working alongside everyone this year to make hockey an amazing experience for our children. I want to personally thank Shanelle Harris, Morgan Koskinen, Jasen Rintala, Jason Burgess, Amanda Bertsch, Ashley Trujillo, Katie Burgess, our longest running board member Val Detweiler, for their hard work and dedication to this organization. As board members transition out, I am confident in the new Board's ability to continue growing hockey and ensuring a fun and rewarding atmosphere for the players.

And last but not least, thank you to the best, pre-NHL hockey stars this side of the border: our Cape Fear Warriors! Your sportsmanship, passion, and love for the game is the reason we do this. Never lose your drive and focus, and always have fun! From the bottom of my heart, thank you for allowing me to represent the Cape Fear Youth Hockey Association.

- Christopher Boss, CFYHA President

**CHL CHAMPIONS!**

Our 10U Travel Team went on the road to fight for the title of CHL Champions! They started out with a loss against the Charleston Jr. Stingrays but came out swinging against the Columbia Cyclones with a 5-3 win. That brought them back to play the Stingrays for the championship. The Warriors went to battle. In the final game with 26 seconds left in the 3rd period they tied it up. Going into overtime these kids scored in the first 8 seconds, bringing home the FIRST CHL CHAMPIONSHIP to their home rink.

After the game and on their way home Jameson Shea said to his mom, "I'll never forget today," none of us will buddy.

## TRAVEL TEAM TRYOUTS

Saturday, May 21-22, 2022

Travel tryout sessions will be (2) 1 hour on ice sessions on each day for the 10U, 12U, and 14U age groups.

There is a \$50 fee to be paid the first day of tryouts.

Players are encouraged to attend our drop in skills development skates and meet with coaches prior to tryouts on:

Apr 12th, Apr 16th, Apr 30th, and May 14th.

For questions, please reach out to our travel hockey coordinator Jason Burgess at [travelhockeycoordinator@capefearhockey.com](mailto:travelhockeycoordinator@capefearhockey.com).

## SPRING HOCKEY

*Spring Hockey registration is still open!*

12U/14U Wednesdays 8U/10U Thursdays

All age groups 3v3 Scrimmages Sundays

Please see the [registration page](#) to sign up today!

## SUMMER CAMP

Get ready for a week of hockey!

Each day will be built with on and off ice corresponding skills that will reinforce core competencies of skating, stick handling, and shooting.

Please see the [registration page](#) to sign up today!

## Did You Know...

**Public Skate is ONLY \$5 for Cape Fear Skaters!!!**

Mon/Wed/Fri = 11:30 am–1:30 pm; Tues = 3:00–5:00 pm

Fri = 7:30–10:00 pm; Sun = 2:30–5:00 pm

Sat = 3:00–5:30 pm and 6:30–9:00 pm

**Youth Skate & Shoot (\$12/player)**

Wed (under 18) = 9:00–11:00 am

Sat (5–12 years) = 1:00–2:30 pm

Sun (13–17 years) = 12:00–2:00 pm

E-mail ideas, questions, and concerns to: [secretary@capefearhockey.com](mailto:secretary@capefearhockey.com)

Visit the Warriors Official Website: [www.capefearhockey.com](http://www.capefearhockey.com)

## COACH SEND-OFFS

**Learn to Play and 8U teams**

On behalf of the 8U and Learn to Play coaches, we would like to thank all the players and parents for their hard work and dedication that has been put into making this season a success. It has been a great year watching all of the players grow and develop their skills.

Best of luck to all of them in their future hockey endeavors, we hope they continue to work hard and enjoy playing the game we all love. We will see you all very soon on the ice. Go Warriors!

*Coach Jasen*

### **10U Travel**

I would like to say how much of a pleasure it has been watching you grow and develop as a team. Every time I got to be on the ice teaching you or on the bench coaching you were amazing moments that I will continue to remember for a long time. As a team you gave me 100% every day we were on the ice and I want to say thank you for that. With this being my first year as head coach I want you all to know that I couldn't ask for a better group of kids to coach.

*Coach Mike*

### **10-14U Rec**

WHOOOP, WHOOOP another hockey season in the books. There was tremendous improvement in skating across the board. Several players made huge jumps in their hockey game skills. If you have a desire to play Travel hockey go to the tryout. When you go to a tryout don't worry about making the team, just play your hardest. Getting cut is no big deal, everyone gets cut it's just a part of the process. More important than what team you play on, is the fact that you keep playing. Your athletic window is pretty short and you need to make the most of it. Play lots of sports and work hard at mastering the skills. Every sport has application to another sport (even soccer). Run, jump, throw, catch, swim whatever and when you get a chance grab some ice time. Watch out this summer for the good looking old guy on a bicycle moving at incredible speed dressed in yellow. I'll be in and out of the rink, over the spring and summer. We'll see all of you next fall! AND LET'S PLAY HOCKEY!!!!

*Coach Bruce*

## UPCOMING DATES

03/10

Voting opens

03/11 11:59 pm

Voting closes

03/13 6:30–8:00 pm

[Virtual General Membership Meeting Link](#)

03/26

Learn to Play session 4 starts

03/28

Spring Hockey starts

07/18–07/22

Summer Camp week